

 <p>R ADAMS COWLEY SHOCK TRAUMA CENTER UNIVERSITY OF MARYLAND</p>	Origination:	10/2009
	Effective:	5/2019
	Last Approved:	5/2019
	Last Revised:	5/2019
	Next Review:	5/2022
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	Area:	Shock Trauma Center
	Applicability:	Shock Trauma Center

## NPO for OR/RADIOLOGY GUIDELINES

**PLEASE NOTE: This applies ONLY to patients with an endotracheal or cuffed tracheostomy tube!**

### Background:

In the past, patients scheduled for an operative procedure the following day are routinely ordered to be “NPO after midnight”. Historically, this practice was developed by anesthesiologists for patients who were eating a diet, and then were going to be intubated in the operating room following induction of anesthesia. Additionally, patients receiving conscious sedation for IR procedures or MRI have historically been made “NPO after midnight” in case they require intubation. For patients who are already intubated or have a tracheostomy *in situ*, this practice is not appropriate.

### Guidelines for the STC OR:

Patients with an endotracheal or cuffed tracheostomy tube receiving enteral tube feeds, *either gastric or post-pyloric*, should **not** be made NPO for the OR **with the following exceptions:**

- ⌚ If the patient may require manipulation of the airway
  - ⌚ Tracheostomy
  - ⌚ Thoracotomy or VATS
  - ⌚ Mandible fracture repair or major midface reconstruction unless the patients already has a tracheostomy
- ⌚ If the patient may have manipulation of the GI tract
  - ⌚ Intra-abdominal procedures
  - ⌚ Feeding tube placement

For these procedures patients should be made NPO **six hours** prior to surgery. For all others, tube feeds should be turned-off “on call” to the OR. If there are any questions about a specific procedure, please ask an anesthesia provider.

### Guidelines for Interventional Radiology or MRI:

Patients with an endotracheal or cuffed tracheostomy tube receiving enteral tube feeds, *either gastric or post-pyloric*, should **not** be made NPO for MRI or IR procedures.

⌚The UMMS hospital policy for moderate sedation (COP-015 – 2.3.1) does not include “Patients who are mechanically ventilated via tracheotomy or endotracheal tube....”

Tube feeds should be turned-off “on call” to IR or MRI.

*Final Revised Oct 09*

*Stein/Habashi/Reynolds/Sikorski/Fouche/Lissauer*

*Reviewed 2/12/13; 12/2015; 5/2019*