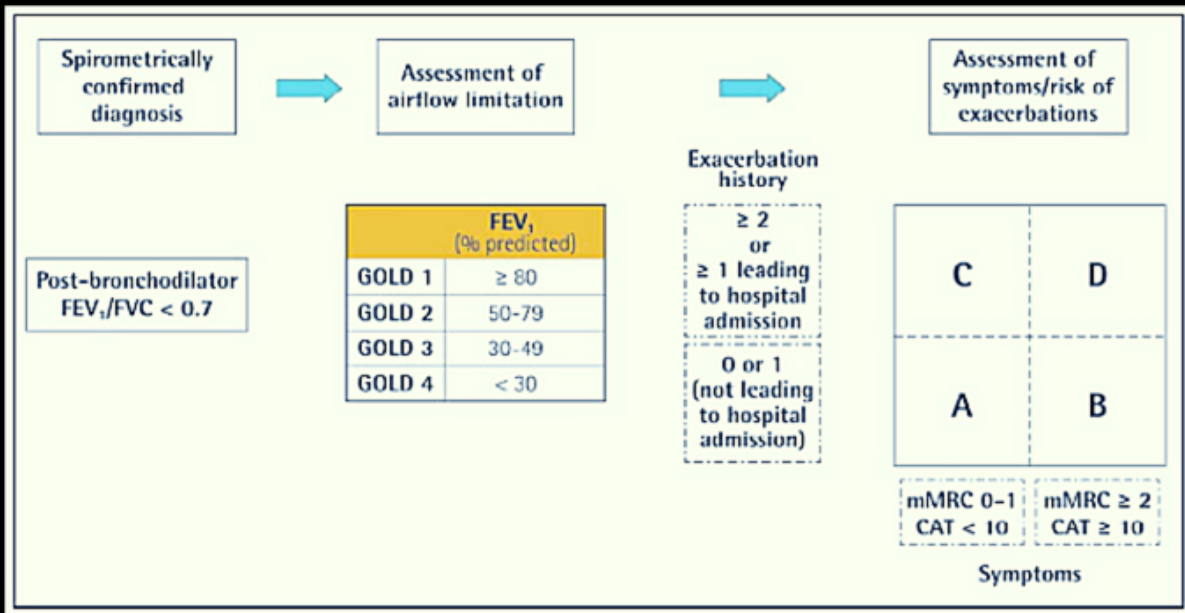


2017 GOLD COPD



GOLD Group	First Choice*	Alternate Choice
A FEV1 ≥ 50%** Low symptoms† <2 exacerbations/yr	Short-acting bronchodilators prn OR Long-acting bronchodilator (LABA or LAMA)	LAMA or LABA added
B FEV1 ≥ 50%** High symptoms† <2 exacerbations/yr	Long-acting bronchodilator (LABA or LAMA) OR LABA + LAMA	
C FEV1 < 50%** Low symptoms† ≥2 exacerbations/yr	LAMA OR LABA + LABA	LABA + ICS
D FEV1 < 50%** High symptoms† ≥2 exacerbations/yr	LABA + LAMA OR LABA + LAMA + ICS	LAMA OR LABA + ICS OR LABA + LAMA + ICS + roflumilast OR LABA + LAMA + ICS + macrolides

Grade	Dyspnea related to activity
0	Breathlessness only on strenuous exercise
1	Breathless when hurrying on the level or walking up a slight hill
2	Walks slower than other people of same age on the level due to shortness of breath or need to stop for breath when walking at own pace
3	Short of breath after walking few minutes on the level or about 100 yards (90 m)
4	Too breathless to leave the house, or breathless when dressing or undressing

Modified from The Medical Research Council Dyspnea scale (mMRC dyspnea scale)

SABA: levalbuterol, albuterol, fenoterol
LABA: Formoterol, indacaterol, salmeterol
SAAC: ipratropium, oxitropium
LAAC: glycopyrronium, tiotropium
ICS: beclomethason, budesonide, fluticasone, mometasone
PDE-4I: roflumilast

